



# Employee Benefits Guide Management

**For Your Benefit**  
2020-2021



# For Your Benefit

At Buena Park School District, we believe that you, our employees, are our most important asset. Helping you and your families achieve and maintain good health—physical, emotional and financial—is the reason Buena Park School District offers you this benefits program. We are providing you with this overview to help you understand the benefits that are available to you and how to best use them. Please review it carefully and make sure to ask about any important issues that are not addressed here. A list of plan contacts is provided at the back of this summary.

While we've made every effort to make sure that this guide is comprehensive, it cannot provide a complete description of all benefit provisions. For more detailed information, please refer to your plan benefit booklets or summary plan descriptions (SPDs). The plan benefit booklets determine how all benefits are paid.

The benefits in this summary are effective:  
October 1, 2020 - September 30, 2021

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**Medicare Part D Notice:** If you (and/or your dependents) have Medicare or will become eligible for Medicare in the next 12 months, a federal law gives you more choices about your prescription drug coverage. Please see pages 18-19 for more details.

# Who Can You Cover?



## EMPLOYEE ELIGIBILITY

You are eligible for Buena Park School District's benefits if you are an active, full-time or part-time employee who is regularly scheduled to work as defined by the current Collective Bargaining Agreement on file with the Bargaining Unit and with us.

## DEPENDENT ELIGIBILITY

The following dependents are eligible for coverage:

- Legal Spouse
- California Registered Domestic Partners who are members of the same sex or opposite sex (if one or both persons are over the age of 62)
- Child(ren) including biological, adopted, stepchild(ren), child(ren) of eligible Domestic Partner up to age 26, and any other child(ren) for whom you are a legal guardian (legal guardianship eligible until age 18)
- Child(ren) over age 26 if incapable of self-care and legally dependent

**Note:** All eligible BPSD employees are **REQUIRED** to have medical coverage **AND** submit a SISC medical enrollment form to enroll.

The only exception to this rule is if you and your spouse both work for BPSD. You then are able to cover one spouse as a dependent on your plan, so your spouse does not have to enroll as an individual.

## DEPENDENT VERIFICATION

Adding dependents is subject to eligibility verification. Please make sure to submit copies of original documents to Human Resources as SISC will need to keep them.

- Marriage Certificate and front page of tax return– Required when adding a spouse
- Birth/Hospital Certificate– Required when adding dependent child(ren)
- Court documents showing legal responsibility– Required when adding adopted children or children covered due to legal guardianship
- Birth Certificate & Physician's Certification– Required when adding children over age 26 incapable of self-support due to disability
- Social Security Numbers– Required when adding all dependents
- Copy of your Declaration of Domestic Partnership with the Secretary of State– Required when adding a domestic partner

## QUALIFYING EVENTS

Please make sure to notify Human Resources right away if you have a qualifying life event and need to make a change (add or drop) to your coverage election. Life events include (but are not limited to):

- Birth or adoption of a baby or child
- Loss of other healthcare coverage
- Eligibility for new healthcare coverage
- Marriage
- Divorce

You have 31 days to make your change.

# Cost of Coverage

## Employee Monthly Cost (Tenthly)

	Medical				Dental	Vision	Basic Life and AD&D
	Kaiser HMO	Anthem HMO	Anthem PPO	Anthem PPO (Bronze)	DeltaCare HMO, Delta Dental PPO	VSP Choice	Reliance Standard (Full-time employees)
Employee Only	\$12.40	\$150.40	\$228.40	\$459.00	Employer Paid	Employer Paid	Employer Paid
Employee + 1 Dependent	\$63.20	\$347.60	\$530.00	\$976.00	Employer Paid	\$13.86	N/A
Employee + Family	\$168.00	\$562.80	\$824.40	\$976.00	Employer Paid	\$26.18	N/A

## Supplemental Life Monthly Cost (Tenthly) (per \$1,000)

Ages	Employee Rate	Spouse Rate
Under 30	\$0.340	\$0.340
30-34	\$0.430	\$0.430
35-39	\$0.600	\$0.600
40-44	\$0.950	\$0.950
45-49	\$1.550	\$1.550
50-54	\$2.640	\$2.640
55-59	\$4.160	\$4.160
60-64	\$5.150	\$5.150
65-69	\$7.450	\$7.450
70-74	\$14.440	\$14.440
75+	\$14.440	N/A

## Dependent Child Monthly Cost (Tenthly) (per Benefit Amount)

Benefit Amount	Rate
\$2,500	\$0.44
\$5,000	\$0.86
\$7,500	\$1.28
\$10,000	\$1.72

# Prescription Drug Savings







## ARE PRESCRIPTION DRUG COSTS BREAKING YOUR BUDGET?

A little research before you go to the pharmacy could result in huge savings.

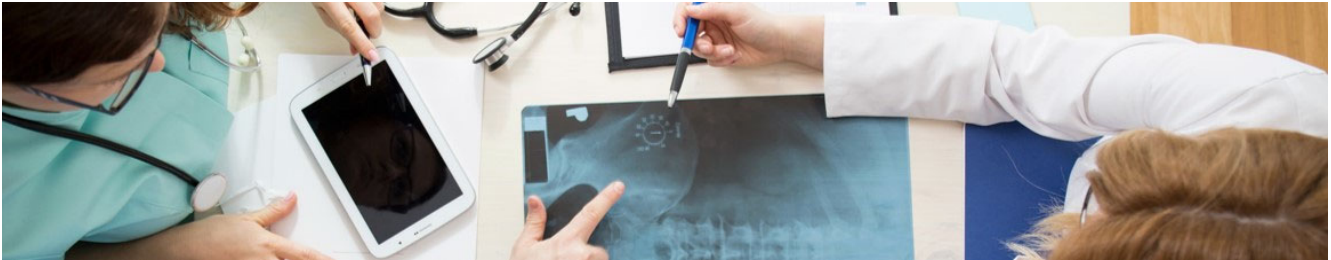
### Insider Tip

### Rx Expert

	Your medical plan includes prescription drug coverage. You pay a different amount depending on the “tier” or class of drug.	GENERIC drugs are always the least expensive. Get in the habit of asking your doctor or pharmacist if there's a generic alternative.
	A FORMULARY is a list of drugs that are preferred by the plan. Plans use formularies to encourage the most cost-effective drugs.	If a generic drug is not available, ask your doctor whether there is an effective brand name medication that is on the plan's preferred drug list.
	A PARTICIPATING PHARMACY (one that contracts with your medical plan) will usually offer the best price. You can find a participating (in-network) pharmacy on your plan's website or app.	SHOP AROUND! Even within the same drugstore chain, you may find a better price at a different location. Your medical plan may have an online tool or app to compare prices. Or try websites like <a href="https://www.goodrx.com">goodrx.com</a> or <a href="https://www.lowestmed.com">lowestmed.com</a> .
	SPECIAL HANDLING REQUIRED? Your plan may require preauthorization (plan approval) or step therapy (trying certain drugs before others). Specialty drugs such as injectables may need to be purchased from a certain provider.	Talk with your doctor about your course of treatment and confirm whether your plan requires any special procedures.



# Is it Preventive or Diagnostic



You benefit both financially and health-wise when you get annual checkups. Preventive care helps you avoid more serious and costly health problems down the road. Plus, it's fully covered in-network.

But did you know that, depending on the situation, the same test or service can be considered preventive (100% covered) or diagnostic (you share the cost)?

Preventive care services	Diagnostic services
<ul style="list-style-type: none"> <li>• Help you stay healthy by checking for disease before you have symptoms or feel sick</li> </ul>	<ul style="list-style-type: none"> <li>• Check for disease after you have symptoms or because of a known health issue</li> </ul>
<ul style="list-style-type: none"> <li>• Can include flu shots and other vaccinations, physical exams, lab tests and prescriptions</li> </ul>	<ul style="list-style-type: none"> <li>• Can also include physical exams, lab tests and prescriptions</li> </ul>
<ul style="list-style-type: none"> <li>• 100% covered when delivered by an in-network provider</li> </ul>	<ul style="list-style-type: none"> <li>• You pay your share of the cost</li> </ul>



**PREVENTIVE:** At Don's annual checkup, his doctor orders a blood sugar test to screen for diabetes, even though Don does not have symptoms.



**DIAGNOSTIC:** Grace's doctor orders a blood sugar test because she complains of increased thirst, frequent urination, weight loss, and fatigue—all symptoms of diabetes.



**PREVENTIVE:** As part of her well woman exam, Vanessa receives a mammogram to make sure there have been no changes since last time.



**DIAGNOSTIC:** Darla visits her doctor because she found a lump. Her doctor schedules a mammogram and a biopsy to check for cancer.



**PREVENTIVE:** Aki's doctor orders lab work during his annual physical, including a cholesterol check.



**DIAGNOSTIC:** Hector was diagnosed with high cholesterol two years ago. He has blood tests twice a year to check his cholesterol levels and make sure his medication is the right dose.

If you're unsure why a test was ordered, ask your doctor. And don't forget to schedule your preventive care visits. Many people use a key date like their birthday or anniversary as a reminder to make their appointments each year.

# Know Where To Go



## ER or Urgent Care

The emergency room shouldn't be your first choice unless there's a true emergency.

Consider Urgent Care For...	Go to the Emergency Room For...
Symptoms, pain or conditions that require quick medical attention but do not require hospital care, such as: <ul style="list-style-type: none"><li>-Earache</li><li>-Sore throat</li><li>-Rashes</li><li>-Broken fingers or toes</li><li>-Flu</li><li>-Fever up to 104 degrees</li></ul>	Serious or life threatening conditions that require immediate treatment that you can get only at a hospital such as: <ul style="list-style-type: none"><li>-Chest pain or severe abdominal pain</li><li>-Trouble breathing</li><li>-Loss of consciousness</li><li>-Severe bleeding that can't be stopped</li><li>-Large broken bones</li><li>-Major injuries from a car crash, fall or other accident</li><li>-Fever above 104 degrees</li></ul>

## Other non-emergency care options

Our medical plans offer plenty of options when you need care or advice, but it's not an emergency:

Plan	Call a nurse 24/7	Find doctor/urgent care
Anthem Blue Cross Medical HMO / PPO	(800) 977-0027	(800) 825-5541
Kaiser Permanente Medical HMO	(800) 464-4000	(800) 464-4000
MD Life 24/7 Physician Line	(888) 632-2738	

# Medical



Medical coverage provides you with benefits that help keep you healthy, like preventive care screenings and access to urgent care. It also provides important financial protection if you have a serious medical condition.

## Your medical options for 2020-2021 are the following:

- **Kaiser Permanente HMO (through SISC)**
- **Anthem Blue Cross HMO (through SISC)**
- **Anthem Blue Cross PPO (through SISC)**
- **Anthem Blue Cross PPO Bronze Plan (through SISC)**

## Plan Offerings:

An HMO plan's primary objective is to offer you and your dependents quality coverage at a lower cost. If you select the Anthem HMO, you must choose a primary care physician (PCP) and medical group who will then coordinate your care through the carrier's HMO network of physicians and hospitals, resulting in cost savings for you. Kaiser's network is a unique model as the insurance company employs hospitals, doctors, and nurses which members would receive all treatment from, except in an emergency. This "closed" system offers high quality care and benefits at a low cost relative to other insurance companies.

PPO plans on the other hand, offer members a variety of medical groups and physicians to choose from. Even more so, PPO plans are designed to provide members with choice and flexibility. By enrolling in the Anthem PPO plans, you will have access to in-network and out-of-network coverage allowing you to see any provider of your choice (out-of-network care will lead to higher out-of-pocket costs).

On the following two pages, please find benefit highlights for the above plans, including your copays and coinsurances.

# HMO Plans

	Kaiser HMO	Anthem HMO
	In-Network	In-Network
<b>Annual Deductible</b> Individual / Family	None	None
<b>Annual Out-of-Pocket Max</b>	\$1,500 / \$3,000	\$1,000 / \$2,000
<b>Lifetime Max</b>	Unlimited	Unlimited
<b>Office Visit</b> Primary Provider Specialist	\$20 copay \$20 copay	\$10 copay \$10 copay
<b>Preventive Services</b>	No charge	No charge
<b>Chiropractic Care</b>	\$10 copay (up to 30 visits per year combined with Acupuncture)	\$10 copay (up to 30 visits per year combined with Acupuncture)
<b>Lab and X-ray</b>	No charge	Complex imaging: \$100 copay All other: Not covered
<b>Inpatient Hospitalization</b>	No charge	No charge
<b>Outpatient Surgery</b>	\$20 copay	No charge
<b>Urgent Care</b>	\$20 copay	\$10 copay (waived if admitted)
<b>Emergency Room</b>	\$100 copay (waived if admitted)	\$100 copay (waived if admitted)
<b>Prescription Drugs</b>	Kaiser	Navitus
Annual Out of Pocket Limit Individual / Family	Medical Out-of-Pocket Max applies	\$1,500 / \$2,500
Pharmacy Generic Brand Supply Limit	\$10 copay \$20 copay 100 days	Costco plan: No charge. Other: \$7 copay \$25 copay 30 days
Mail Order Generic Brand Supply Limit	\$10 copay \$20 copay 100 days	No charge \$60 copay 90 days

# PPO Plans

## Anthem PPO

## Anthem Bronze PPO

	Anthem PPO		Anthem Bronze PPO	
	In-Network	Out-Of-Network	In-Network	Out-Of-Network
<b>Annual Deductible</b> Individual / Family	\$500 / \$1,000		\$5,000 / \$10,000	
<b>Annual Out-of-Pocket Max</b>	\$2,000 / \$4,000	No limit	\$6,350 / \$12,700	No limit
<b>Lifetime Max</b>	Unlimited		Unlimited	
<b>Office Visit</b>				
Primary Provider	\$20 copay <sup>2</sup>	See footnote 1	30%	See footnote 1
Specialist	\$20 copay <sup>2</sup>	See footnote 1	30%	See footnote 1
<b>Preventive Services</b>	No charge <sup>2</sup>	Not covered	No charge <sup>2</sup>	Not covered
<b>Chiropractic Care</b>	20%	Not covered	30%	Not covered
<b>Lab and X-ray</b>	20%	Complex Imaging: All billed amounts exceeding \$800/test All other: Not covered	30%	Complex Imaging: All billed amounts exceeding \$800/test All other: Not covered
<b>Inpatient Hospitalization</b>	20%	All billed amounts exceeding \$600/day	30%	All billed amounts exceeding \$600/day
<b>Outpatient Surgery - Hospital</b>	20%	See footnote 1	30%	50% <sup>1</sup>
<b>Urgent Care</b>	\$20 copay <sup>2</sup>	See footnote 1	\$60 copay	See footnote 1
<b>Emergency Room</b>	\$100 copay + 20% (copay waived if admitted)	\$100 copay + 20% (copay waived if admitted)	\$100 copay + 30% (copay waived if admitted)	\$100 copay + 30% (copay waived if admitted)
<b>Prescription Drugs</b>	Navitus		Navitus	
Annual Out of Pocket Limit Individual / Family	\$2,500 / \$3,500		Medical Out-of-Pocket Max applies	
<b>Pharmacy</b>				
Generic	Costco plan: No charge Other: \$9 copay \$35 copay 30 days	Members must pay the entire cost up front and apply for reimbursement. Net cost may be greater than if member uses an in-network provider.	Costco plan: No charge <sup>3</sup> Other: \$9 copay \$35 copay 30 days	Members must pay the entire cost up front and apply for reimbursement. Net cost may be greater than if member uses an in-network provider.
Brand				
Supply Limit				
<b>Mail Order</b>				
Generic	No charge \$90 copay 90 days		No charge <sup>3</sup> \$90 copay 90 days	
Brand				
Supply Limit				

<sup>1</sup>When using Non-Network PPO providers, members are responsible for any difference between the maximum allowed and actual charges, as well as any deductible and percentage copay.

<sup>2</sup>Deductible waived.

<sup>3</sup>Free generics at Costco will only apply after deductible is satisfied.

# Dental



Regular visits to your dentists can protect more than your smile; they can help protect your health. Recent studies have linked gum disease to damage elsewhere in the body and dentists are able to screen for oral symptoms of many other diseases including cancer, diabetes, and heart disease.

Your dental options for 2020-2021 are the following:

- DeltaCare HMO
- Delta Dental PPO

## Plan Offerings:

The DeltaCare HMO dental plan has one of the largest prepaid dental networks in California. This plan offers the convenience of scheduled copays for specific procedures and eliminates deductibles or annual maximums.

The Delta Dental PPO dental plan is designed so employees can choose from an extensive network of Delta Dental Dentists or any other provider of your choice. However, by using one of the Delta Dental providers, employees will reduce their out-of-pocket costs.

On the following page, please find your dental benefit highlights for the above plans, including your copays and coinsurances.

**Tip:** Delta Dental offers many resources to help you manage your eligibility and billing information. At [deltadentalins.com/enrollees](https://deltadentalins.com/enrollees) you will have access to the following:

✓Provider finder  
✓Cost estimator

✓View benefits  
✓View/ Print ID cards

✓View claims  
✓View eligibility

# Dental

	DeltaCare HMO	Delta Dental PPO	
	In-Network	In-Network	Out-Of-Network
<b>Annual Deductible</b>	None	None	\$100 / member
<b>Annual Maximum</b>	None	\$5,000/ member	\$2,000 / member
<b>Preventative Care</b>			
Exams	\$0	0%	0%
Cleaning	\$0	0%	0%
Full Mouth X-rays	\$0	0%	0%
Fluoride Treatment	\$0	0%	0%
Sealants	\$0	0%	0%
<b>Basic Care</b>			
Amalgam Fillings	No charge	0%	20%
Endodontics			
• Anterior Root Canal	\$40	0%	20%
• Bicuspid Root Canal	\$80	0%	20%
• Molar Root Canal	\$120	0%	20%
Periodontics			
• Gingivectomy / Quadrant	\$20 - \$100	0%	20%
Oral Surgery			
• Simple Extraction	No charge	0%	20%
• Impaction	\$45- \$65	0%	20%
<b>Major Care</b>			
Crowns	\$45 - \$75	20%	50%
Bridges	\$105 - \$160	20%	50%
Complete Denture	\$95	20%	50%
<b>Orthodontic Services</b>			
Child (up to age 19) / Adult	\$1,600 / \$1,800	50% / 50%	
Lifetime Maximum	None	\$3,000	

# Vision



Your vision option for 2020-2021 is the following:

- VSP Choice Plan through ACSIG

## Plan Offerings:

VSP Choice features a broad provider network with substantial access across the United States in a variety of settings. All VSP Choice network providers are independent optometrists or ophthalmologists in private practice who provide full service. If you prefer to use a non-network provider, this option is still available under the plan; however, the benefit allowances are lower.

## VSP Choice Plan

	In-Network	Out-Of-Network
<b>Frequency of Services</b>		
Exam	Every 12 Months	
Lenses	Every 12 Months	
Frames	Every 12 Months	
Contacts	Every 12 Months	
	<b>Your Copay:</b>	<b>Plan pays up to:</b>
<b>Single Material / Exam</b>	\$15	\$45
<b>Lenses &amp; Frames</b>		
Single	Covered in Full	\$30
Bifocal	Covered in Full	\$50
Trifocal	Covered in Full	\$65
Frames	\$150 Allowance + 20% discount*	\$70
<b>Contact Lenses</b>		
Elective	\$150 Allowance	\$105

\*VSP offers a 20% discount off the remaining balance in excess of the frame allowance.

# Life Insurance



If you have loved ones who depend on your income for support, having life and accidental death insurance can help protect your family's financial security and pay for large expenses such as housing and education, as well as day-to-day living expenses.

## BASIC LIFE & AD&D

Basic Life and Accidental Dismemberment Insurance is an important part of your comprehensive benefits package. For peace of mind and the financial protection for you and your family in the event of death or a serious accident, all benefit eligible employees are automatically enrolled, at no cost to full-time employees (cost for part-time employees listed on page 4), in the Basic Life and AD&D Insurance Program through Reliance Standard.

<b>Basic Life Amount</b>	\$20,000
<b>Basic AD&amp;D Amount</b>	\$20,000

**Beneficiary Reminder:** Make sure that you have named a beneficiary for your life insurance benefit. It's important to know that many states require that a spouse be named as the beneficiary, unless they sign a waiver.

**Evidence of Insurability:** Depending on the amount of coverage you select, you may need to submit an Evidence of Insurability form, which involves providing the insurance company with additional information about your health.

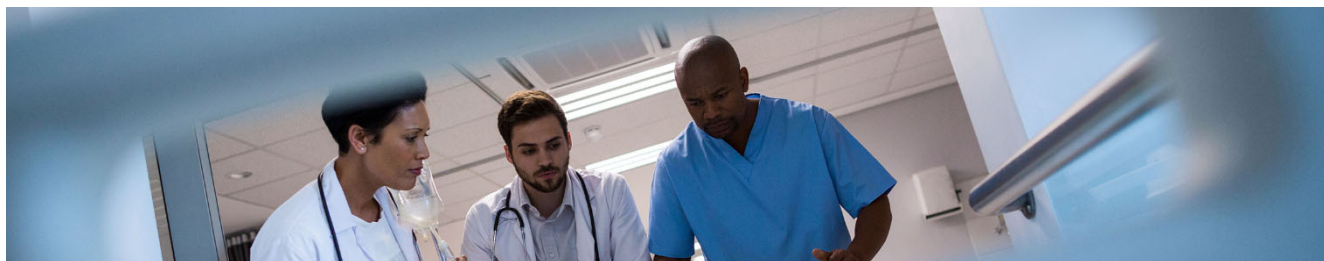
## VOLUNTARY LIFE & AD&D

All eligible employees may purchase additional Life insurance through Reliance Standard at affordable group rates found on page 4. Premiums are determined by your age and will be withheld from your paycheck. The Voluntary Life benefit you elect for yourself and your dependents will have a matching AD&D benefit.

For any amount elected outside of your initial eligibility period or above the guarantee issue amount, you must complete an Evidence of Insurability (EOI) form and be approved for the amount elected. The initial eligibility guarantee issue amounts are \$50,000 for both Employee & Spouse.

<b>Employee Voluntary Life Amount</b>	Increments of \$10,000 (minimum \$10,000) up to \$500,000
<b>Spouse Voluntary Life Amount</b>	Increments of \$10,000 (minimum \$10,000) up to \$500,000
<b>Child(ren) Voluntary Life Amount</b>	\$2,500, \$5,000, \$7,500 or \$10,000 (age affects benefit)

# Voluntary Benefits



American Fidelity offers these voluntary benefits (you pay the premium) to help you source and buy protection and services you may need for your family – at rates that may be more attractive than individual coverage. And you get the added convenience of paying through payroll deduction. These voluntary plans are provided by American Fidelity.

## ACCIDENT INSURANCE



Provides monetary benefits for costs incurred as a result of a covered accident such as fractures, ER visits, and lacerations.

## DISABILITY INCOME INSURANCE



Provides protection to your future finances in case of a sudden covered injury or illness by providing benefit to help cover expenses while you are unable to work due to a covered disability, paying a percentage of your gross monthly earnings.

## CANCER INSURANCE



Help ease the financial pressures of cancer treatment, so you can focus on recovery. Benefit payments are made directly to you, helping you pay for expenses like copayments, inpatient stays, house, and car payments.

## LIFE INSURANCE



Helps ensure your family is financially protected in the event of a loss and may provide peace of mind knowing it can help take care of your family after you're gone.

# Employee Assistance Program



Just when you think you have it figured out, along comes a challenge. But whether those challenges are big or small, your Employee Assistance & Work/Life Support Program through Anthem Blue Cross is available to help you and your family, at no cost, restore your piece of mind and find a solution on topics such as:

- ✓Grief and loss
- ✓Child and elder care
- ✓Workplace safety
- ✓Tobacco cessation
- ✓Family health
- ✓Addiction and recovery
- ✓Financial and legal services
- ✓Home improvement
- ✓Dealing with identity theft

Confidential access 24/7. Call (800) 999-7222 or go to [www.anthemEAP.com](http://www.anthemEAP.com); Enter: SISC.

## For Assistance

	Provider	Phone Number	Website	Group #
Medical HMO	Kaiser Permanente	(800) 464-4000	<a href="http://www.kp.org">www.kp.org</a>	231877
Medical HMO	Anthem Blue Cross	(800) 825-5541	<a href="http://www.anthem.com/ca/sisc">www.anthem.com/ca/sisc</a>	57AMT
Medical PPO	Anthem Blue Cross	(800) 825-5541	<a href="http://www.anthem.com/ca/sisc">www.anthem.com/ca/sisc</a>	40777
Medical PPO (Bronze)	Anthem Blue Cross	(800) 825-5541	<a href="http://www.anthem.com/ca/sisc">www.anthem.com/ca/sisc</a>	70777B
Dental DHMO	Delta Dental	(800) 422-4234	<a href="http://www.deltadentalins.com">www.deltadentalins.com</a>	7041-1401
Dental DPPO	Delta Dental	(800) 765-6003	<a href="http://www.deltadentalins.com">www.deltadentalins.com</a>	7041-1401
Vision	VSP	(800) 877-7195	<a href="http://www.vsp.com">www.vsp.com</a>	00104565
Life and AD&D	Reliance Standard	(800) 351-7500	<a href="http://www.reliancestandard.com">www.reliancestandard.com</a>	153634
Supplemental Life	Reliance Standard	(800) 351-7500	<a href="http://www.reliancestandard.com">www.reliancestandard.com</a>	VG 177148
EAP	Anthem Blue Cross	(800) 999-7222 (enter SISC)	<a href="http://www.anthemEAP.com">www.anthemEAP.com</a>	N/A
Human Resources	BPSD	(714) 522-8412	<a href="http://www.bpsd.k12.ca.us/">http://www.bpsd.k12.ca.us/</a>	N/A

# Important Plan Notices and Documents

## NOTICE OF AVAILABILITY OF HIPAA PRIVACY NOTICE

The Federal Health Insurance Portability and Accountability Act (HIPAA) requires that we periodically remind you of your right to receive a copy of the Insurance Carriers' HIPAA Privacy Notices. You can request copies of the Privacy Notices by contacting the Human Resources Department or by contacting the insurance carriers directly.

## NOTICE OF CHOICE OF PROVIDERS

The Anthem HMO plan generally requires the designation of a primary care provider. You have the right to designate any primary care provider who participates in their network and who is available to accept you or your family members. Until you make this designation, Anthem will designate one for you. For information on how to select a primary care provider, and for a list of the participating primary care providers, contact your insurance carriers directly.

## THE WOMEN'S HEALTH AND CANCER RIGHTS ACT

The Women's Health and Cancer Rights Act (WHCRA) requires employer groups to notify participants and beneficiaries of the group health plan, of their rights to mastectomy benefits under the plan. Participants and beneficiaries have rights for coverage to be provided in a manner determined in consultation with the attending Physician for:

- All stages of reconstruction of the breast on which the mastectomy was performed;
- Surgery and reconstruction of the other breast to produce a symmetrical appearance;
- Prostheses; and
- Treatment of physical complications of the mastectomy, including lymphedema.

These benefits are subject to the same deductible and co-payments applicable to other medical and surgical procedures provided under this plan. You can contact your health plan's Member Services for more information.

## SUMMARY OF BENEFITS & COVERAGE

As a past employee, the health benefits provided by Buena Park School District represent a significant component of your compensation package. They also provide important protection for you and your family in the case of illness or injury.

Buena Park School District offers a variety of benefit plans to eligible employees. The federal health care reform law requires that eligible members of an employer plan receive a Summary of Benefits and Coverage (SBC) for any medical and pharmacy plans available. The SBC is intended to provide important plan information to individuals, such as common benefit scenarios and definitions for frequently used terms. The SBC is intended to serve as an easy-to-read, informative summary of benefits available under a plan. SBCs and any revisions or amendments of the plans offered by Buena Park School District are available through our website.

Access it at [www.bpsd.k12.ca.us/](http://www.bpsd.k12.ca.us/) (click on "District Office," then click on "Human Resources" to access).

## NEWBORNS' AND MOTHERS' HEALTH PROTECTIONS ACT NOTICE

Group health plans and health insurance issuers generally may not, under Federal law, restrict benefits for any hospital length of stay in connection with childbirth for the mother or newborn child to less than 48 hours following a vaginal delivery, or less than 96 hours following a cesarean section. However, Federal law generally does not prohibit the mother's or newborn's attending provider, after consulting with the mother, from discharging the mother or her newborn earlier than 48 hours (or 96 hours as applicable). In any case, plans and issuers may not, under Federal law, require that a provider obtain authorization from the plan or the insurance issuer for prescribing a length of stay not in excess of 48 hours (or 96 hours). If you would like more information on maternity benefits, call your plan administrator.

# Important Plan Notices and Documents

## MEDICARE PART D NOTICE

### Important Notice from Buena Park School District about Your Prescription Drug Coverage and Medicare

Please read this notice carefully and keep it where you can find it. This notice has information about your current prescription drug coverage with Buena Park School District and about your options under Medicare's prescription drug coverage. This information can help you decide whether or not you want to join a Medicare drug plan. If you are considering joining, you should compare your current coverage, including which drugs are covered at what cost, with the coverage and costs of the plans offering Medicare prescription drug coverage in your area. Information about where you can get help to make decisions about your prescription drug coverage is at the end of this notice.

There are two important things you need to know about your current coverage and Medicare's prescription drug coverage:

1. Medicare prescription drug coverage became available in 2006 to everyone with Medicare. You can get this coverage if you join a Medicare Prescription Drug Plan or join a Medicare Advantage Plan (like an HMO or PPO) that offers prescription drug coverage. All Medicare drug plans provide at least a standard level of coverage set by Medicare. Some plans may also offer more coverage for a higher monthly premium.
2. Buena Park School District has determined that the prescription drug coverage offered by Kaiser and Anthem is, on average for all plan participants, expected to pay out as much as standard Medicare prescription drug coverage pays and is therefore considered Creditable Coverage. Because your existing coverage is Creditable Coverage, you can keep this coverage and not pay a higher premium (a penalty) if you later decide to join a Medicare drug plan.

#### When Can You Join A Medicare Drug Plan?

You can join a Medicare drug plan when you first become eligible for Medicare and each year from October 15<sup>th</sup> through December 7<sup>th</sup>. However, if you lose your current creditable prescription drug coverage, through no fault of your own, you will also be eligible for a two (2) month Special Enrollment Period (SEP) to join a Medicare drug plan.

#### What Happens To Your Current Coverage If You Decide to Join A Medicare Drug Plan?

If you do decide to join a Medicare drug plan and drop your current Buena Park School District prescription drug coverage, be aware that you and your dependents may not be able to get this coverage back.

#### When Will You Pay A Higher Premium (Penalty) To Join A Medicare Drug Plan?

You should also know that if you drop or lose your current coverage with Buena Park School District and don't join a Medicare drug plan within 63 continuous days after your current coverage ends, you may pay a higher premium (a penalty) to join a Medicare drug plan later.

If you go 63 continuous days or longer without creditable prescription drug coverage, your monthly premium may go up by at least 1% of the Medicare base beneficiary premium per month for every month that you did not have that coverage. For example, if you go nineteen months without creditable coverage, your premium may consistently be at least 19% higher than the Medicare base beneficiary premium. You may have to pay this higher premium (a penalty) as long as you have Medicare prescription drug coverage. In addition, you may have to wait until the following October to join.

#### For More Information About This Notice Or Your Current Prescription Drug Coverage...

Contact the person listed below for further information. You'll get this notice each year. You will also get it before the next period you can join a Medicare drug plan, and if this coverage through Buena Park School District changes. You also may request a copy of this notice at any time.

#### For More Information About Your Options Under Medicare Prescription Drug Coverage...

More detailed information about Medicare plans that offer prescription drug coverage is in the "Medicare & You" handbook. You'll get a copy of the handbook in the mail every year from Medicare. You may also be contacted directly by Medicare drug plans.

For more information about Medicare prescription drug coverage: Visit [www.medicare.gov](http://www.medicare.gov).

Call your State Health Insurance Assistance Program (see the inside back cover of your copy of the "Medicare & You" handbook for their telephone number) for personalized help Call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048.

If you have limited income and resources, extra help paying for Medicare prescription drug coverage is available. For information about this extra help, visit Social Security on the web at [www.socialsecurity.gov](http://www.socialsecurity.gov), or call them at 1-800-772-1213 (TTY 1-800-325-0778).

**Remember:** Keep this Creditable Coverage notice. If you decide to join one of the Medicare drug plans, you may be required to provide a copy of this notice when you join to show whether or not you have maintained creditable coverage and, therefore, whether or not you are required to pay a higher premium (a penalty).

Date:	October 2020
Name of entity:	Buena Park School District
Contact:	Human Resources Department
Address:	6885 Orangethorpe Avenue, Buena Park, CA 90620
Phone number:	(714) 522-8412

# Important Plan Notices and Documents

## PREMIUM ASSISTANCE UNDER MEDICAID AND THE CHILDREN'S HEALTH INSURANCE PROGRAM (CHIP)

If you or your children are eligible for Medicaid or CHIP and you're eligible for health coverage from your employer, your state may have a premium assistance program that can help pay for coverage, using funds from their Medicaid or CHIP programs. If you or your children aren't eligible for Medicaid or CHIP, you won't be eligible for these premium assistance programs but you may be able to buy individual insurance coverage through the Health Insurance Marketplace. For more information, visit [www.healthcare.gov](http://www.healthcare.gov).

If you or your dependents are already enrolled in Medicaid or CHIP and you live in a State listed below, contact your State Medicaid or CHIP office to find out if premium assistance is available.

If you or your dependents are NOT currently enrolled in Medicaid or CHIP, and you think you or any of your dependents might be eligible for either of these programs, contact your State Medicaid or CHIP office or dial 1-877-KIDS NOW or [www.insurekidsnow.gov](http://www.insurekidsnow.gov) to find out how to apply. If you qualify, ask your state if it has a program that might help you pay the premiums for an employer-sponsored plan.

If you or your dependents are eligible for premium assistance under Medicaid or CHIP, as well as eligible under your employer plan, your employer must allow you to enroll in your employer plan if you aren't already enrolled. This is called a "special enrollment" opportunity, and **you must request coverage within 60 days of being determined eligible for premium assistance**. If you have questions about enrolling in your employer plan, contact the Department of Labor at [www.askebsa.dol.gov](http://www.askebsa.dol.gov) or call 1-866-444-EBSA (3272).

If you live in one of the following states, you may be eligible for assistance paying your employer health plan premiums. The following list of states is current as of January 31, 2020. Contact your State for more information on eligibility –

<b>ALABAMA – Medicaid</b> Website: <a href="http://myalhipp.com/">http://myalhipp.com/</a> Phone: 1-855-692-5447	<b>FLORIDA – Medicaid</b> Website: <a href="http://flmedicaidtprecovery.com/hipp/">http://flmedicaidtprecovery.com/hipp/</a> Phone: 1-877-357-3268
<b>ALASKA – Medicaid</b> The AK Health Insurance Premium Payment Program Website: <a href="http://myakhipp.com/">http://myakhipp.com/</a> Phone: 1-866-251-4861 Email: <a href="mailto:CustomerService@MyAKHIPP.com">CustomerService@MyAKHIPP.com</a> Medicaid Eligibility: <a href="http://dhss.alaska.gov/dpa/Pages/medicaid/default.aspx">http://dhss.alaska.gov/dpa/Pages/medicaid/default.aspx</a>	<b>GEORGIA – Medicaid</b> Website: <a href="http://dch.georgia.gov/medicaid">http://dch.georgia.gov/medicaid</a> - Click on Health Insurance Premium Payment (HIPP) Phone: 404-656-4507
<b>ARKANSAS – Medicaid</b> Website: <a href="http://myarhipp.com/">http://myarhipp.com/</a> Phone: 1-855-MyARHIPP (855-692-7447)	<b>INDIANA – Medicaid</b> Healthy Indiana Plan for low-income adults 19-64 Website: <a href="http://www.in.gov/fssa/hip/">http://www.in.gov/fssa/hip/</a> Phone: 1-877-438-4479 All other Medicaid Website: <a href="http://www.indianamedicaid.com">http://www.indianamedicaid.com</a> Phone 1-800-403-0864
<b>COLORADO – Health First Colorado (Colorado's Medicaid Program) &amp; Child Health Plan Plus (CHP+)</b> Health First Colorado Website: <a href="https://www.healthfirstcolorado.com/">https://www.healthfirstcolorado.com/</a> Health First Colorado Member Contact Center: 1-800-221-3943/ State Relay 711 CHP+: <a href="http://Colorado.gov/HCPF/Child-Health-Plan-Plus">Colorado.gov/HCPF/Child-Health-Plan-Plus</a> CHP+ Customer Service: 1-800-359-1991/ State Relay 711	<b>IOWA – Medicaid</b> Website: <a href="http://dhs.iowa.gov/hawk-i">http://dhs.iowa.gov/hawk-i</a> Phone: 1-800-257-8563

<b>KANSAS – Medicaid</b>	<b>NEW HAMPSHIRE – Medicaid</b>
Website: <a href="http://www.kdheks.gov/hcf/">http://www.kdheks.gov/hcf/</a> Phone: 1-785-296-3512	Website: <a href="http://www.dhhs.nh.gov/oii/documents/hippapp.pdf">http://www.dhhs.nh.gov/oii/documents/hippapp.pdf</a> Phone: 603-271-5218 Toll-Free: 1-800-852-3348 ext. 5218
<b>KENTUCKY – Medicaid</b>	<b>NEW JERSEY – Medicaid and CHIP</b>
Website: <a href="http://chfs.ky.gov">http://chfs.ky.gov</a> Phone: 1-800-635-2570	Medicaid Website: <a href="http://www.state.nj.us/humanservices/dmahs/clients/medicaid/">http://www.state.nj.us/humanservices/dmahs/clients/medicaid/</a> Medicaid Phone: 609-631-2392 CHIP Website: <a href="http://www.njfamilycare.org/index.html">http://www.njfamilycare.org/index.html</a> CHIP Phone: 1-800-701-0710
<b>LOUISIANA – Medicaid</b>	<b>NEW YORK – Medicaid</b>
Website: <a href="http://dhhlouisiana.gov/index.cfm/subhome/1/n/331">http://dhhlouisiana.gov/index.cfm/subhome/1/n/331</a> Phone: 1-888-695-2447	Website: <a href="https://www.health.ny.gov/health_care/medicaid/">https://www.health.ny.gov/health_care/medicaid/</a> Phone: 1-800-541-2831
<b>MAINE – Medicaid</b>	<b>NORTH CAROLINA – Medicaid</b>
Website: <a href="http://www.maine.gov/dhhs/ofi/public-assistance/index.html">http://www.maine.gov/dhhs/ofi/public-assistance/index.html</a> Phone: 1-800-442-6003 TTY: Maine relay 711	Website: <a href="https://dma.ncdhhs.gov/">https://dma.ncdhhs.gov/</a> Phone: 919-855-4100
<b>MASSACHUSETTS – Medicaid and CHIP</b>	<b>NORTH DAKOTA – Medicaid</b>
Website: <a href="http://www.mass.gov/eohhs/gov/departments/masshealth/">http://www.mass.gov/eohhs/gov/departments/masshealth/</a> Phone: 1-800-862-4840	Website: <a href="http://www.nd.gov/dhs/services/medicalserv/medicaid/">http://www.nd.gov/dhs/services/medicalserv/medicaid/</a> Phone: 1-844-854-4825
<b>MINNESOTA – Medicaid</b>	<b>OKLAHOMA – Medicaid and CHIP</b>
Website: <a href="http://mn.gov/dhs/people-we-serve/seniors/health-care/health-care-programs/programs-and-services/medical-assistance.jsp">http://mn.gov/dhs/people-we-serve/seniors/health-care/health-care-programs/programs-and-services/medical-assistance.jsp</a> Phone: 1-800-657-3739 or 1-651-431-2670	Website: <a href="http://www.insureoklahoma.org">http://www.insureoklahoma.org</a> Phone: 1-888-365-3742
<b>MISSOURI – Medicaid</b>	<b>OREGON – Medicaid</b>
Website: <a href="http://www.dss.mo.gov/mhd/participants/pages/hipp.htm">http://www.dss.mo.gov/mhd/participants/pages/hipp.htm</a> Phone: 573-751-2005	Website: <a href="http://healthcare.oregon.gov/Pages/index.aspx">http://healthcare.oregon.gov/Pages/index.aspx</a> <a href="http://www.oregonhealthcare.gov/index-es.html">http://www.oregonhealthcare.gov/index-es.html</a> Phone: 1-800-699-9075
<b>MONTANA – Medicaid</b>	<b>PENNSYLVANIA – Medicaid</b>
Website: <a href="http://dphhs.mt.gov/MontanaHealthcarePrograms/HIPP">http://dphhs.mt.gov/MontanaHealthcarePrograms/HIPP</a> Phone: 1-800-694-3084	Website: <a href="http://www.dhs.pa.gov/provider/medicalassistance/healthinsurancepremiumpaymenthippprogram/index.htm">http://www.dhs.pa.gov/provider/medicalassistance/healthinsurancepremiumpaymenthippprogram/index.htm</a> Phone: 1-800-692-7462
<b>NEBRASKA – Medicaid</b>	<b>RHODE ISLAND – Medicaid</b>
Website: <a href="http://www.ACCESSNebraska.ne.gov">http://www.ACCESSNebraska.ne.gov</a> Phone: 1-855-632-7633 Lincoln: 1-402-473-7000 Omaha: 1-402-595-1178	Website: <a href="http://www.eohhs.ri.gov/">http://www.eohhs.ri.gov/</a> Phone: 1-855-697-4347
<b>NEVADA – Medicaid</b>	<b>SOUTH CAROLINA – Medicaid</b>
Medicaid Website: <a href="https://dwss.nv.gov/">https://dwss.nv.gov/</a> Medicaid Phone: 1-800-992-0900	Website: <a href="https://www.scdhhs.gov">https://www.scdhhs.gov</a> Phone: 1-888-549-0820

<b>SOUTH DAKOTA - Medicaid</b>	<b>WASHINGTON – Medicaid</b>
Website: <a href="http://dss.sd.gov">http://dss.sd.gov</a> Phone: 1-888-828-0059	Website: <a href="http://www.hca.wa.gov/free-or-low-cost-health-care/program-administration/premium-payment-program">http://www.hca.wa.gov/free-or-low-cost-health-care/program-administration/premium-payment-program</a> Phone: 1-800-562-3022 ext. 15473
<b>TEXAS – Medicaid</b>	<b>WEST VIRGINIA – Medicaid</b>
Website: <a href="http://gethipptexas.com/">http://gethipptexas.com/</a> Phone: 1-800-440-0493	Website: <a href="http://myhipp.com/">http://myhipp.com/</a> Phone: 1-855-MyWVHIPP (1-855-699-8447)
<b>UTAH – Medicaid and CHIP</b>	<b>WISCONSIN – Medicaid and CHIP</b>
Medicaid Website: <a href="https://medicaid.utah.gov/">https://medicaid.utah.gov/</a> CHIP Website: <a href="http://health.utah.gov/chip">http://health.utah.gov/chip</a> Phone: 1-877-543-7669	Website: <a href="https://www.dhs.wisconsin.gov/publications/p1/p10095.pdf">https://www.dhs.wisconsin.gov/publications/p1/p10095.pdf</a> Phone: 1-800-362-3002
<b>VERMONT– Medicaid</b>	<b>WYOMING – Medicaid</b>
Website: <a href="http://www.greenmountaincare.org/">http://www.greenmountaincare.org/</a> Phone: 1-800-250-8427	Website: <a href="https://health.wyo.gov/healthcarefin/mcicaid/">https://health.wyo.gov/healthcarefin/mcicaid/</a> Phone: 307-777-7531
<b>VIRGINIA – Medicaid and CHIP</b>	
Medicaid Website: <a href="http://www.coverva.org/programs_premium_assistance.cfm">http://www.coverva.org/programs_premium_assistance.cfm</a> Medicaid Phone: 1-800-432-5924 CHIP Website: <a href="http://www.coverva.org/programs_premium_assistance.cfm">http://www.coverva.org/programs_premium_assistance.cfm</a> CHIP Phone: 1-855-242-8282	

To see if any other states have added a premium assistance program since January 31, 2020, or for more information on special enrollment rights, contact either:

U.S. Department of Labor  
Employee Benefits Security Administration  
[www.dol.gov/agencies/ebsa](http://www.dol.gov/agencies/ebsa)  
1-866-444-EBSA (3272)

U.S. Department of Health and Human Services  
Centers for Medicare & Medicaid Services  
[www.cms.hhs.gov](http://www.cms.hhs.gov)  
1-877-267-2323, Menu Option 4, Ext. 61565

### Paperwork Reduction Act Statement

According to the Paperwork Reduction Act of 1995 (Pub. L. 104-13) (PRA), no persons are required to respond to a collection of information unless such collection displays a valid Office of Management and Budget (OMB) control number. The Department notes that a Federal agency cannot conduct or sponsor a collection of information unless it is approved by OMB under the PRA, and displays a currently valid OMB control number, and the public is not required to respond to a collection of information unless it displays a currently valid OMB control number. See 44 U.S.C. 3507. Also, notwithstanding any other provisions of law, no person shall be subject to penalty for failing to comply with a collection of information if the collection of information does not display a currently valid OMB control number. See 44 U.S.C. 3512.

The public reporting burden for this collection of information is estimated to average approximately seven minutes per respondent. Interested parties are encouraged to send comments regarding the burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to the U.S. Department of Labor, Employee Benefits Security Administration, Office of Policy and Research, Attention: PRA Clearance Officer, 200 Constitution Avenue, N.W., Room N-5718, Washington, DC 20210 or email [ebsa.opr@dol.gov](mailto:ebsa.opr@dol.gov) and reference the OMB Control Number 1210-0137.

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## Notes

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